



Official Announcement

October 10 - 13, 2015
RecPlex Ice Arena
9900 Terwall Terrace
Pleasant Prairie WI 53158

www.2016uglnonqual.com

Proudly co-hosted by...



Welcome to the 2016 Upper Great Lakes Non-Qualifying Figure Skating Competition!

The competition will be held from October 10th through 13th, 2015. The headquarters venue is the RecPlex Ice Arena located in Pleasant Prairie, WI, with the competition co-hosted by the Southport Skating Club and the Cutting Edge Figure Skating Club.

This competition will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the 2015 – 2016 rulebook, as well as any pertinent updates which have been posted on the U.S. Figure Skating website.

This competition is open to all eligible, restricted, reinstated or readmitted persons as defined by the Eligibility Rules, and is a currently registered member of a U.S. Figure Skating member club, a collegiate club or an individual member in accordance with the current rulebook. Please refer to the current rulebook for non-U.S. Citizens.

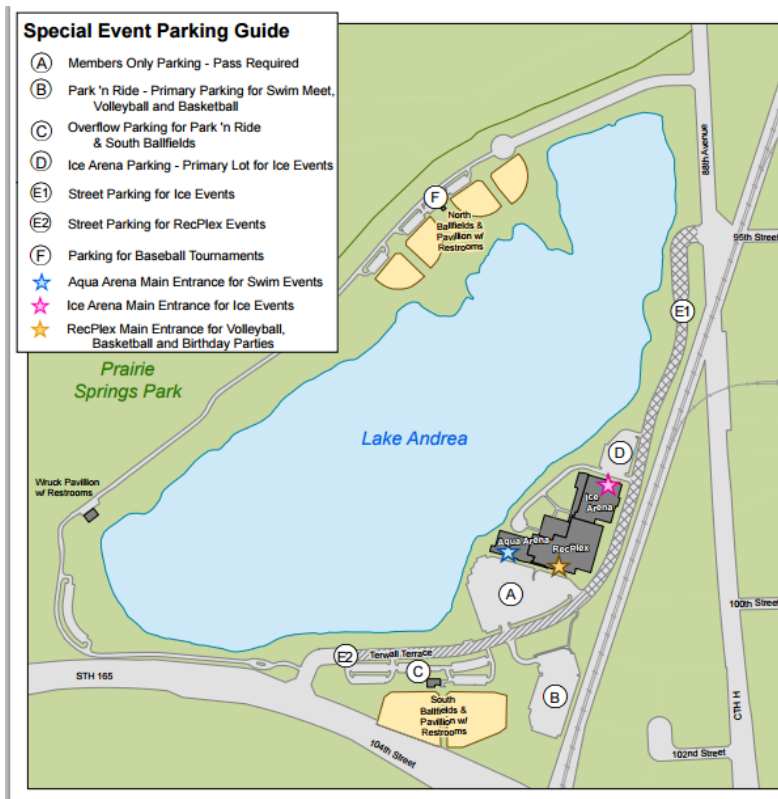
This non-qualifying competition is held in conjunction with the 2016 Upper Great Lakes Regional Figure Skating Championships. If you wish to enter the qualifying competition, please visit www.uglregionals.com

FACILITY INFORMATION

RecPlex Ice Area – home venue, championship headquarters

The RecPlex Ice Arena is located at 9900 Terwall Terrace, Pleasant Prairie WI 53158. The phone number for this facility is 262-947-0437.

The size of the ice is 85' X 200' and the LA Grill snack bar is available.



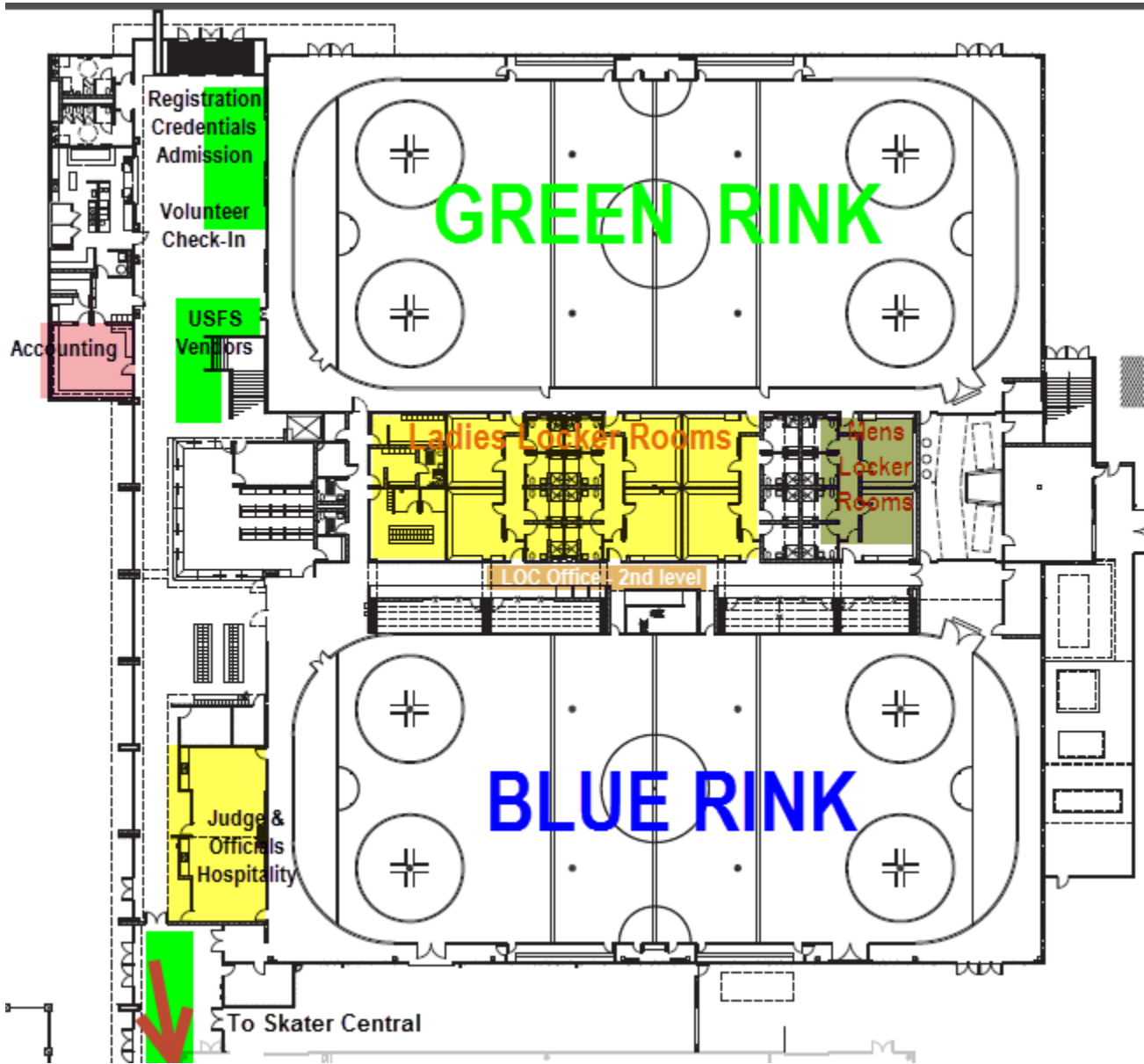
The Ice Arena is located on the north side of the RecPlex complex, as shown on the map to the left.

The main parking lot for Ice Events is letter D on the map, although the lot fills quickly. Upper Great Lakes LOC recommends parking in the overflow lot B or on the street labeled E1 – this is a 15 mph street that is part of Prairie Springs Park.

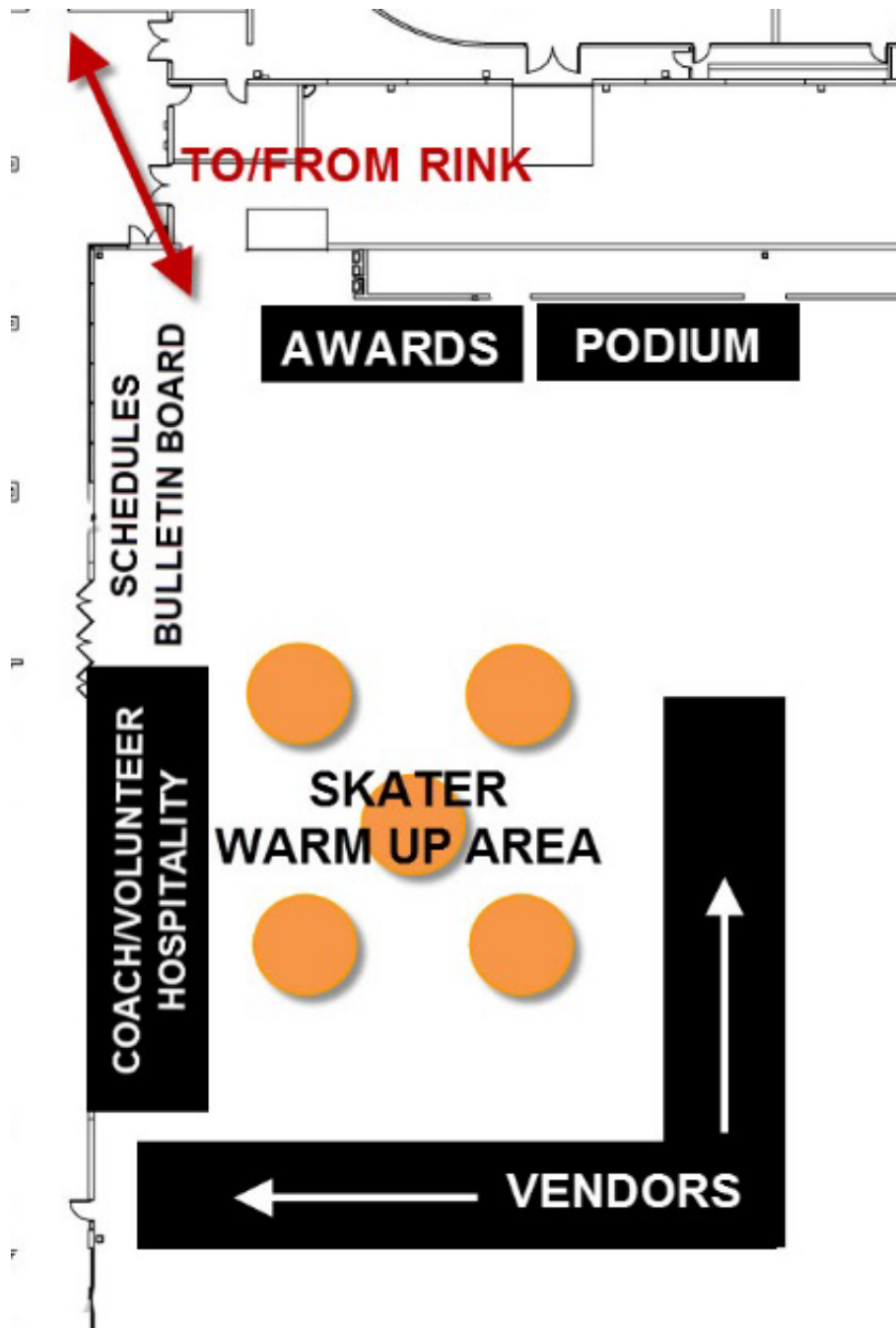
Prairie Springs Park is 1.5 miles east of Interstate 94, just north of State Highway 165, and west of County Highway H.

As the headquarters for Regionals along with the Non-Qualifying competition, all vendors, awards and officials will be based at this facility.

RecPlex Ice Arena - Championship Layout Ice Arena



RecPlex Ice Arena – Championship Layout
Skater Central
Michael Pollocoff RecPlex Fieldhouse – Northwest Quad



Rink Side Ice Arena - Secondary Competition Venue

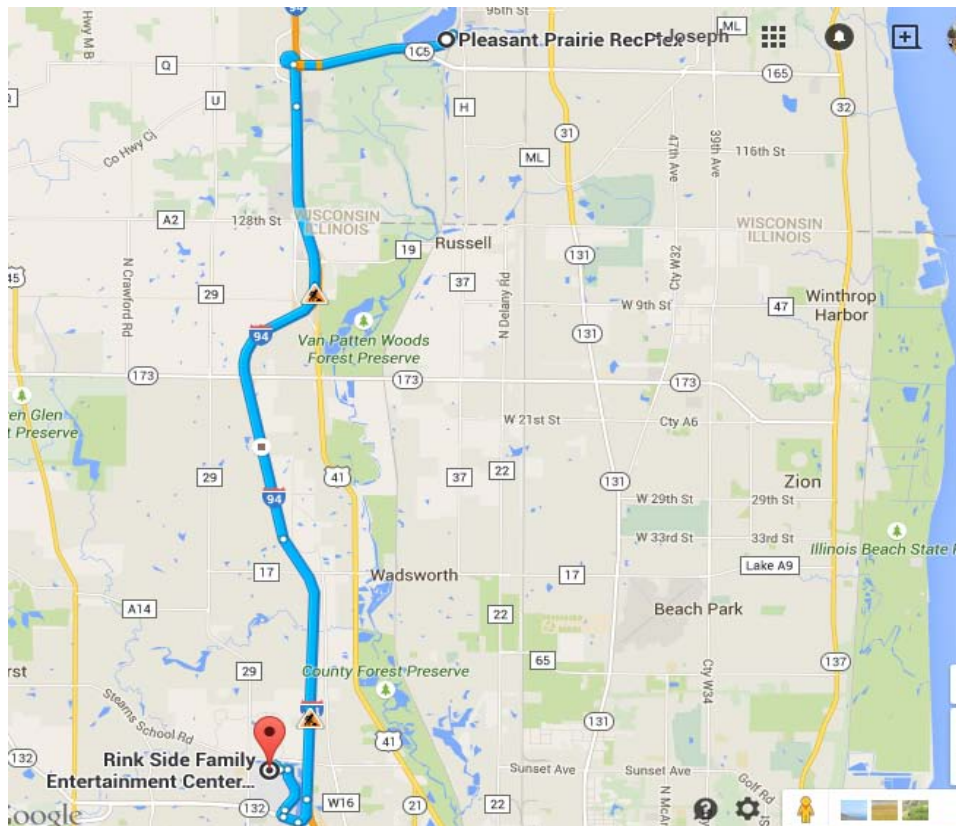
Rink Side Ice Arena & Family Entertainment Center is located at 6152 W Grand Avenue, Gurnee, IL 60031 in the Gurnee Mills Mall. The phone number for this facility is 847-856-1064 ext. 502. Parking in the mall lot is free of charge.

The size of the ice is 85' X 200' and a snack bar is available.

Rink Side is a 15 to 25 minute drive from the RecPlex Ice Arena, depending on the route taken.

Directions from the RecPlex Ice Arena to Rink Side Ice Arena (Portions toll - IPass or Cash)

- Exit the complex towards the south on Terwall Terrace
- Turn right (West) onto Highway 165. Proceed west about 2 miles, keeping right, then take the Interstate 94 E ramp towards Chicago (Portions toll) Entrance ramp is on the right.
- Continue on I-94 for about 10 miles (Crossing into Illinois). Take the exit for IL-Route 132/Grand Avenue West
- Merge onto IL-Route 132/Grand Avenue West and stay right. Proceed 1/4 mile to the 1st traffic signal and turn right (North) onto Gurnee Mills Circle East.
- Follow Gurnee Mills Circle East for approximately ½ mile to the north side of the Gurnee Mills Mall. Continue through the stop sign 1/8 mile to parking lots H and J on the left.
- Convenient parking is available in Lots H and J. Rink Side Ice Arena has its own entrance located just to the right of Mall Entrance H.



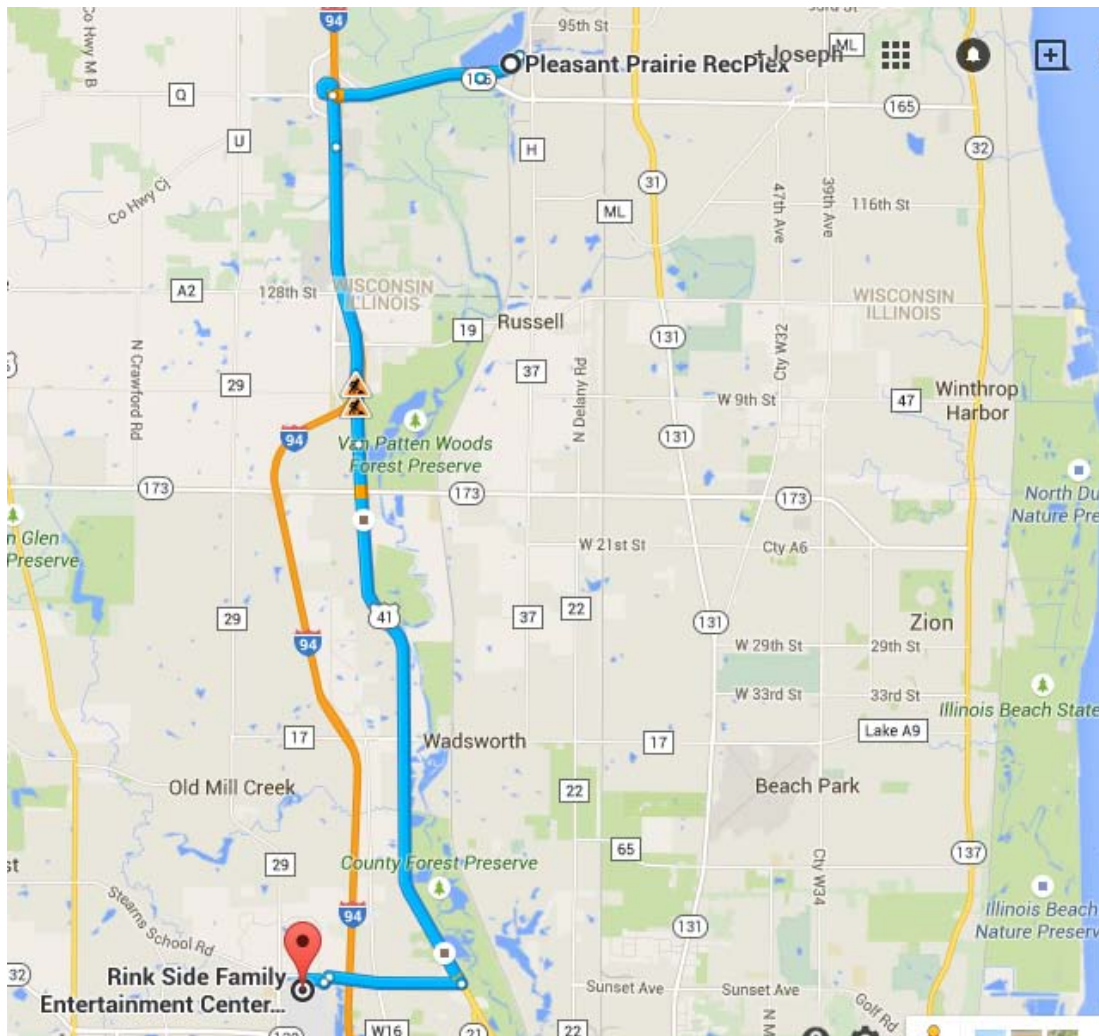
This event is a standard U.S. Figure Skating Non-qualifying Competition



Directions from the RecPlex Ice Arena Rink Side Ice Arena (Avoiding tolls)

Exit the complex towards the south on Terwall Terrace

- Turn right (West) onto Highway 165. Proceed west about 2 miles keeping right, then take the I-94 E/US-IL 41 S ramp towards Chicago. Entrance ramp is on the right.
- Proceed approximately 3 miles. Merge onto US-41 S via Exit 1B on the left toward Waukegan.
- Proceed approximately 6.5 miles to W Stearns School Road. Turn right.
- Proceed 1.4 miles to N Creek Drive (mall entrance just beyond the interstate tollway overpass).
- Turn left and proceed to the stop sign.
- Turn right onto West Gurnee Mills Circle and proceed about 1/8 mile.
- Parking is available in Lots H and J on the left.
- Rink Side Ice Arena has its own entrance located just to the right of Mall Entrance H.



Kenosha Ice Arena – Practice Ice Venue

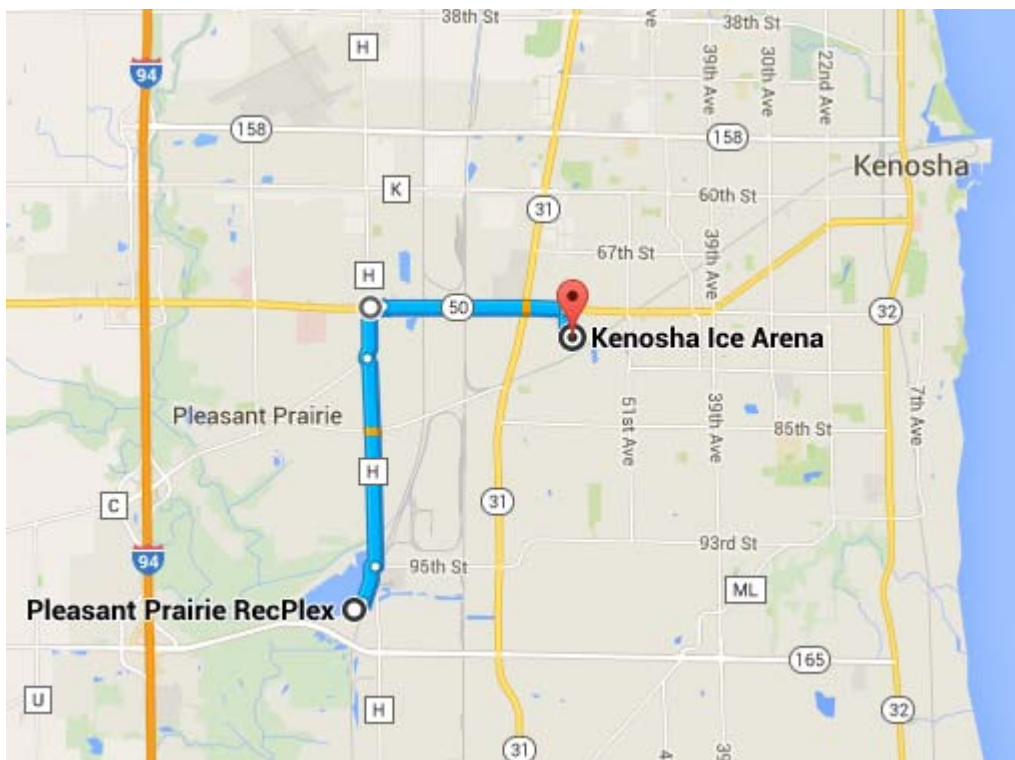
Kenosha Ice Arena is located at 7727 60th Ave, Kenosha, WI 53142. The phone number for this facility is 262-694-8010. Parking in the lot is free of charge.

The size of the ice is 85' X 200' and a snack bar is available.

Kenosha Ice is about an 8 to 10 minute drive from the RecPlex Ice Arena.

Directions from the RecPlex Ice Arena.

- Exit the complex towards the north on Terwall Terrace
- Turn left (North) on County Highway H. Proceed north about 3 miles, through the roundabout on County Hwy H, until Highway 50 (75th Street)
- Turn right (East) on Highway 50 and travel about 2 miles to 60th Avenue
- Turn right (South) on 60th Avenue and travel about ¼ mile to the rink on your left



ELIGIBILITY/TEST LEVEL

Test level: Competition level is the highest test passed as of the entry deadline in the discipline the skater is entering. Entrants may skate one level above that for which they qualify, but they may not skate down in any event.

Skaters who placed in the top four in a final round of their last qualifying competition in their divisions must move up one level, except for novice and higher.

Skaters will be divided as closely as possible by age should the number of entries warrant more than one group.

Age restrictions/requirements: Skaters entering open juvenile free skate events (Well Balanced Program), must be at least 14 years of age at the close of entries.

Skaters entering pre-preliminary through pre-juvenile events will be divided as closely as possible by age should the number of entries warrant more than one group.

ENTRIES

Online registration is now available via secured credit card transaction at **Entryeeze**.

<http://comp.entryeeze.com/Home.aspx?cid=240>

Paper entries will not be accepted.

Upon receiving your application online an email will be sent to the skater's coach to verify accuracy of each entry. An official at the skater's home club will also be notified to certify the skater's standing with the club. **Entry deadline is September 1, 2015 at 11:59 pm.**

If less than 4 skaters register for a specific event, the event will be cancelled. This is to ensure that skaters have the opportunity to compete and are not cancelled at the last minute

NOTE: In the event that a skater is signed up for the incorrect level or event, the Chief Referee must approve all changes.

A \$25 CHARGE WILL BE MADE FOR CORRECTING ANY MISTAKE MADE. READ THE RULES and DESCRIPTIONS CAREFULLY. NO CORRECTIONS WILL BE MADE AFTER SEPTEMBER 15.

COMPETITION FEES

All Events	
Entry Fee	\$150.00
- Entry Fee includes a competition DVD of skater's events	

LATE ENTRIES

DEADLINE for entry RECEIPT is September 1, 2015. Late entries will not be accepted.

REFUND POLICY

According to Rule 3047, once entries have closed, entry fees are only refundable if the competition is not held. There will be no refunds under any circumstances (including medical) after closing date unless the event is cancelled for lack of participation.

OFFICIAL PRACTICE ICE

Official practice ice defined by level and event segment will be available starting on Friday October 9th at the RecPlex Ice Arena in 20 minute segments for \$15.

Each skater's **music will be played once** on an official practice session. Each skater is allowed one official practice ice session. Additional information will be available on official notice board.

- o Pre-Event Practice Ice on competition days will be available for purchase but not necessarily in the same arena as the event.
- o Limited unofficial practice ice will be available at the RecPlex Ice Arena once the competition begins.
- o Unofficial practice ice will be available at Rink Side and Kenosha Ice Arenas throughout the competition.

UNOFFICIAL PRACTICE ICE:

Music will NOT be played on unofficial practice ice.

20 minute unofficial practices will be scheduled before and after the competition schedule whenever possible on Friday through Tuesday, depending on the competition schedule. All practice ice sessions are \$15 per 20 minute segment.

15 minute pre event unofficial practice on the day of competition will be scheduled at the competition arena if time permits and/or at either Rink Side or Kenosha Ice Arenas. Pre event practice ice for final rounds will be available for purchase at the Practice Ice desk after all the results for the flight have been posted. All warm up ice will be \$10 per 15 minute segment.

SKATER CENTRAL - BULLETIN BOARD AND NOTICES

Skater Central is home of the Official Bulletin board for this competition, which is located in the RecPlex field house northwest quad. Skater Central is just past the Ice Arena locker rooms and is clearly marked. Due to the nature of the flooring in Skater Central, **hard guards must be worn at all times on the field house flooring.**

The official schedule of events will be posted on the official bulletin board and will supersede all other schedules. It is the responsibility of each participating competitor and coach to check the official bulletin board for all official information. Notices posted here are considered sufficient notice to all participants. All participants must check the official board frequently.

LIABILITY

U.S. Figure Skating, Cutting Edge FSC, Southport Skating Club, RecPlex Ice Arena, Rink Side Ice Arena, Kenosha Ice Arena, the Village of Pleasant Prairie, and employees or volunteers acting on their behalf accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

JUDGING SYSTEM

The 6.0 Majority Judging System will be used for all non-qualifying events.

REGISTRATION DESK

The Registration desk will be open 1 hour before the start of events through the last event daily from Friday, October 9th - Tuesday, October 13th.

The registration table will be located near the main entrance of the RecPlex Ice Arena.

All skaters MUST register at the RecPlex Ice Arena, regardless of which rink the skater is competing or practicing at. Please register promptly upon arrival.

Official competition credentials are to be distributed ONLY at the RecPlex Ice Arena, regardless of the location of the skater's competition. There will be no provisions for competitors for alternate credentials at the other two venues. Please plan accordingly...

NOTE: AFTER THE COMPETITION SCHEDULE IS FINALIZED, IT WILL BE EMAILED TO COMPETITORS.

Skaters can pre purchase practice ice sessions on entryeze at the following web address:

<http://comp.entryeze.com/Home.aspx?cid=240>

Skaters will be placed in Official Practices and Pre Event practices based on their competition level. After the schedule is set for the competition, all competitors will be emailed the link to an online form which will allow them to choose their Unofficial practice sessions from the posted schedule and to use their pre purchased ice for the Official Practices and Pre Event practices that are assigned to competitors by level.

CREDENTIALS

Each athlete will receive (1) credential for themselves, (1) complimentary chaperone credential and (1) designated coach credential. The credentials are marked with the individual's name and are non-transferable. Participants must have credentials to enter the RecPlex Ice Arena and locker rooms. The competitor's coach will pick up their credential separately at check-in.

A photo ID must be shown by all chaperones and coaches when the credential is picked up

Due to safety and security concerns, no chaperones or parents are allowed in the locker rooms per USFSA guidelines unless the skater is age 12 or under.

One additional chaperone and coach credential may be purchased at the registration desk. Additional chaperone and coach credentials are \$35 each.

Credentials are non-transferable and must be worn at all times while in the competition arena. Lost credentials will be replaced for an additional charge of \$35 each.

MUSIC

Check-In

The official competition music must be turned in at the registration table at the time of check-in. Skaters **MUST** turn in their music **ONLY** at the venue where their event is taking place. Music will **NOT** be shuttled from Credential pickup at the RecPlex Ice Arena.

Format

CDs are the only acceptable media. CDs must be: clearly marked with name (last name, first name), event entered and the music time/ length. Lead in time (time before the music begins) on CDs may not exceed two (2) seconds. **Due to compatibility and reliability reasons, music may NOT be submitted on re-recordable "CD-RW" discs.**

Each CD must be in a paper CD sleeve with a see through window (obtainable at any office supply store), also labeled with the skater's name and event. Standard hard plastic jewel cases or other CD holders are no longer acceptable. **CDs NOT properly identified will NOT be accepted.**

A duplicate CD should be readily available rink side. **Only standard format CDs will be accepted.**

ADMISSION

The 2016 Upper Great Lakes Regional Championships will be open to the public at a daily charge of \$10 for adults, \$5 for children ages 6 to 17. Children 5 and under are free. Advance sale \$35 all-event passes are available. Admission is free for the Upper Great Lakes Non-Qualifying Competition events held at Rink Side Ice Arena.

Please check the website to link to the advance order form. Admission will be charged beginning Saturday, October 10, 2015.

SPECTATOR CONDUCT

No items of any kind are to be thrown on the ice. Violation of this rule may subject the offender to ejection from the arena and prosecution.

AWARDS – SKATER CENTRAL

Medals will be presented to competitors in first through fourth place in each qualifying round. Trophies will be awarded to competitors in first through fourth place in each championship event. Awards will be presented at the times designated on the official bulletin board.

Results for all events will be posted at the local rink where the competition takes place – RecPlex

All Awards will be distributed in Skater Central at the RecPlex – a podium with a competition backdrop will be provided for photo opportunities.

This event is a standard U.S. Figure Skating Non-qualifying Competition



MERCHANDISE – SKATER CENTRAL

Event merchandise will be available for purchase at the RecPlex Ice Arena only, with all vendors located in Skater Central.

PHOTOGRAPHY

Action photos by KrPhotogs www.krphotogs.com as well as still awards photos will be available for purchase at the event.

Please note: Flash photography at the competition, including practice ice, is strictly prohibited per U.S. Figure Skating policy.

OFFICIAL NOTICES

U.S. Figure Skating Rule MR 5.11 Coach Registration

In order to be granted access to work within U.S. Figure Skating sanctioned activities, each coach must complete the following requirements on an annual basis by July 1:

- A. Must be a current full member of U.S. Figure Skating - either through a member club or as an individual member;
- B. Must complete the coach registration process through the U.S. Figure Skating Members Only site, submit proper payment for the annual registration fee of \$30 and, if 18 years of age or older, successfully pass the background screen.
- C. Must complete the appropriate CER courses (A, B, C or D) depending on the highest level of students being coached as of July 1. See rule MR 5.12.
- D. Must submit proof of current general liability insurance with limits of \$1 million per occurrence/\$5 million aggregate.

The local organizing committee/club will have a list of compliant coaches who are cleared for a credential at the competition. Coaches will need to check in at the event registration desk and show a government issued photo I.D. to receive a credential.

If a coach cannot provide a photo I.D. and is not on the list or cannot produce the necessary documents, he or she will not be allowed a credential – no exceptions. We strongly urge *all* coaches to have their cards with them. Non-credentialed coaches will not be permitted in the designated coaching area at rink side during events including practice sessions. Coaching at U.S. Figure Skating events without proper registration is an ethics violation which is reported to U.S. Figure Skating and PSA.

For more information regarding Coach Compliance, please refer to:

<http://www.usfigureskating.org/Content/Coaching%20Compliance%20Toolkit.pdf>

OFFICIAL HOTELS

A number of local hotels have been contracted by the LOC to accommodate skaters, officials, and volunteers for the 2016 UGL Regional and Non-Qualifying competitions. Use the following list to choose the hotel that best suits your needs but rooms in each hotel block are limited, so book your room promptly!

Cut-off dates for making a reservation vary by hotel but generally speaking are 30 days prior to the competition. **Please confirm the rate and room type with each hotel.**

<p><u>Radisson Hotel & Conference Center</u> Rooms In Hotel: 120 Contact Person: Kelly Conley Email: kconley@fhginc.com Address: 11800 108th Avenue, Pleasant Prairie, WI 53158 Web: www.radisson.com Phone: 262-857-3377 Fax: 262-857-3383 TF: 1-800-967-9033 RATE: \$89 plus tax Distance to Venue: 2.2 mi. to RecPlex Distance to Airport: Mitchell: 30.7 Mi./O'Hare: 45.0 Mi. Transportation to/from Airport: Code: UGLRCS</p>	<p><u>Holiday Inn Express</u> Rooms in Hotel: 81 Contact Person: Dawn Melton Email: Sales2@hiexkenosha.com Address: 7887 94th Avenue, Pleasant Prairie, WI 53158 Web: www.hiexkenosha.com Phone: (262)942-6000 Fax: (262) 942-6100 TF: 1-800-HOLIDAY RATE: \$109 plus tax Distance to Venue: 2.9 mi. to RecPlex Distance to Airport: Mitchell: 29.6 Mi. / O'Hare: 45.8 Mi. Transportation to/from Airport: Code: Great Lakes Regional Championships</p>	<p><u>Best Western Harborside Inn & Conference Center</u> Rooms in Hotel: 111 Contact Person: Kim Holtz Email: bwsales.harborside@gmail.com Address: 5125 6th Avenue, Kenosha, WI 53140 Web: www.bestwestern.com Phone: (262)658-3281 Fax: (262)658-3420 TF: 1-800-937-8376 RATE: \$107.99 plus tax Distance to Venue: 8.6 mi. to RecPlex Distance to Airport: Mitchell: 32.1 Mi. /O'Hare: 53.6 Mi. Transportation to/from Airport: Code: US Figure Skating 01G</p>
<p><u>Super 8</u> Rooms in Hotel: 59 Contact Person: John Franco Email: super8kenosha@gmail.com or johnf.super8@gmail.com Address: 7601 118th Avenue, Pleasant Prairie, WI 53158 Web: www.super8.com Ph: (262)857-7963 Fax: (262)857-7963 RATE: \$69 plus tax Distance to Venue: 4.5 mi. to RecPlex Distance to Airport: Mitchell: 28.0 Mi./O' Hare: 45.4 Miles Transportation to/from Airport: Code: SOUTHPORT SKATING</p>		<p><u>La Quinta Inn</u> Rooms in Hotel: 91 Contact Person: Larry Duffy Email: lq4017gm@laquinta.com Address: 7540 118th Avenue, Pleasant Prairie, WI 53158 Web: www.lq.com Phone: (262)857-7911 Fax: (262)857-857-2370 TF: 1-800-SLEEPLQ (753-3757) RATE: \$69 plus tax Distance to Venue: 4.5 mi. to RecPlex Distance to Airport: Mitchell: 28.0/O' Hare: 45.4 Transportation to/from Airport: Code: US Figure Skating</p>
<p><u>Best Western Executive Inn</u> Rooms in Hotel: 116 Contact Person: Dan Ritaacco Email: dan.bwkenosha@gmail.com Address: 7220 122nd Avenue, Kenosha, WI 53142 Web: www.bestwestern.com Phone: (262)857-7699 Fax: (262) 857-2698 TF: 1-800-741-5072 Distance to Venue: 4.9 mi. to RecPlex Distance to Airport: Mitchell: 28.1 Mi. /O'Hare: 45.4 Mi. Transportation to/from Airport: Code: None offered</p>		<p><u>Candlewood Suites-Kenosha</u> Rooms in Hotel: 90 Contact Person: Cindy Soetje Email: csoetje@kinseth.com Address: 10200 74th Street, Kenosha, WI 53142 Web: www.candlewoodsuites.com Phone: (262)842-5000 Fax: (262)842-5001 TF: 1-877-226-3539 Distance to Venue: 4.0 mi. to RecPlex Distance to Airport: Mitchell: 29.0 Mi. /O'Hare: 46.5 Mi. Transportation to/from Airport: Code: None offered</p>



Name	Phone	Rooms	Handicap Rooms	Onsite Restaurant	Nearby Restaurant	On-site Bar/ Lounge	Nearby Bar/ Lounge	Truck/RV Parking	Indoor Pool	Sauna or Whirlpool	Exercise Facility	Whirlpool Rooms	Cable/ Satellite TV	Free Breakfast	Meeting Rooms	Banquet Facilities	High Speed Internet Access	Pet Policy
Best Western Executive Inn	262-857-7699	116	X		X	X	X	X	X	X	X	X	X	X	X	X	X	
Best Western Harborside Inn	800-937-8376; 262-658-3281	111	X		X	X	X	X	X	X	X		X	X	X	X	X	X
Candlewood Suites	877-CANDLEWOOD; 262-842-5000	90	X		X		X			X		X		X			X	X
Comfort Inn & Suites	800-A-CHOICE; 262-857-3450	72	X		X		X		X	X	X	X	X	X	X	X	X	
Holiday Inn Express Hotel & Suites	800-HOLIDAY; 262-942-6000	81	X		X		X		X	X	X		X	X	X	X	X	
La Quinta Inn	800-753-3757; 262-857-7911	91	X		X		X					X	X				X	X
Lily Lake Resort	262-537-2848	10	X	X	X		X					X		X				
Merry Yatch Inn	262-654-9922	5			X		X											
Park Ridge Inn	262-694-2510	21	X		X		X					X					X	X
Radisson Hotel & Conference Center	800-333-3333; 262-587-3377	120	X	X	X	X	X	X	X	X	X	X		X	X	X	X	
Southport Bed & Breakfast	262-652-1951	2	X		X		X					X	X					X
Super 8 Motel	800-800-8000; 262-857-7963	62	X		X		X					X	X	X	X		X	X
Value Inn	262-857-2622	113	X		X		X					X		X			X	X

TRANSPORTATION

The area is served by General Mitchell International Airport in Milwaukee and O'Hare International Airport in Chicago, which are both about 30 to 45 minutes to all hotels listed and all facilities.

CONTACT INFO

Please direct any questions that you may have to Valarie Berger, Southport Skating Club and LOC Chair Valarie.L.Berger@gmail.com or Joe Zons, Cutting Edge Figure Skating Club and LOC Assistant Chair joezons@gmail.com

The Non-Qualifying Chief Referee is Robert Gall, the Qualifying Referee is Jennifer Marker Johnson.

INITIAL / FINAL ROUND FOR FREE SKATE EVENTS

Skaters will have the option of competing Free Skate events at either the Well Balanced or the Test Track level for levels detailed below. It is the responsibility of each skater to check the appropriate event they will be competing in.

Check with your coach before registering on line.

All free skating events will be divided into flights.

- If there are two flights, the top four in each flight will qualify for a final round.
- If there are three flights, the top four will qualify for the final round.
- If there are four flights, the top three will qualify for the final round.
- Any event with five or more flights, only the top two skaters will qualify for the final round.

2016 Upper Great Lakes Tentative NQ Schedule

Saturday October 10

TT/WB Pre-Juvenile Girls Qualifying
TT/WB Open Juvenile Girls Qualifying
TT Intermediate Boys Final
TT Novice
TT Junior
TT Senior

Sunday October 11

TT/WB Pre-Juvenile Girls Final
TT Juvenile Qualifying
Open Juvenile Girls Final
TT Intermediate Girls Qualifying

Monday October 12

TT/WB Preliminary Girls Qualifying
TT/WB Pre-Preliminary Girls Qualifying
TT Juvenile Final

Tuesday October 13

TT/WB Pre-Preliminary Boys
TT/WB Preliminary Girls Final
TT/WB Preliminary Boys
TT/WB Pre-Preliminary Girls Final
TT/WB Pre-Juvenile Boys
TT Preliminary Girls Final
TT Intermediate Girls Final

EVENT: Test Track Free Skate

General event parameters:

1. Skaters may not enter both a Well-Balanced Free Skate event and a Test Track Free Skate event at the same non-qualifying competition.
2. Skaters will skate to the music of their choice. Vocal music is permitted at all levels.
3. Level will be determined by the highest Free Skate test passed as of September 1, 2015.. Skaters may compete at the highest level they have passed, or "skate up" to one level higher.
4. Minimum number of spin revolutions are in () following the spin description. Revolutions must be in position.
5. The following deductions will be taken:
 - 0.1 from each mark for each technical element included that is not permitted in the event description.
 - 0.2 from the technical mark for each extra element included.
 - 0.1 from the technical mark for any spin that is less than the required minimum revolutions.

Level	Jumps	Spins	Step Sequences	Qualifications
Pre-Preliminary 1:30 +/- 10 sec.	<i>Maximum of 5 jump elements:</i> <ul style="list-style-type: none"> • Jumps with not more than one-half rotation (<i>front to back or back to front including half-loop</i>) • Single rotation jumps: Salchow, toe loop and loop only. • Max. 2 jump combinations or sequences • Max. 2 of any same type jump 	<i>Maximum of 2 spins:</i> <ul style="list-style-type: none"> • Two spins of a different nature, one position only. No change of foot, no flying entry. (Min. 3 revolutions) 	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating pre-preliminary free skate test
Preliminary 1:30 +/- 10 sec.	<i>Maximum of 5 jump elements:</i> <ul style="list-style-type: none"> • Jumps with not more than one rotation (no Axels). • Max. 2 jump combinations or sequences • Max. 2 of any same type jump 	<i>Maximum of 2 spins:</i> <ul style="list-style-type: none"> • One spin in one position; no change of foot, no flying entry. (Min. 3 revolutions) • One spin consisting of a front scratch to back scratch; exit on spinning foot not mandatory. (Min. 3 revolutions per foot) 	Connecting moves and steps should be demonstrated throughout the program	Skaters must have passed at least the U.S. Figure Skating pre-preliminary free skate test but may not have passed tests higher than the preliminary free skate test
Pre-Juvenile 2:00 +/- 10 sec.	<i>Maximum of 5 jump elements:</i> <ul style="list-style-type: none"> • Jumps with not more than one rotation (no Axels). • Max. 2 jump combinations or sequences • Max. 2 of any same type jump 	<i>Maximum of 2 spins:</i> <ul style="list-style-type: none"> • One spin in one position, no change of foot (Min. 3 revolutions) • One combination spin: forward camel spin to forward sit spin; change of foot optional (Min. 6 revolutions). Spins may not fly. 	One step sequence fully utilizing ice surface	Skaters must have passed at least the U.S. Figure Skating preliminary free skate test but may not have passed tests higher than pre-juvenile free skate test
Open Juvenile 2:15 +/- 10 sec.	<i>Maximum of 5 jump elements:</i> <ul style="list-style-type: none"> • Any single jumps, including Axel, are permitted. • Max. 2 jump combinations or sequences • Max. 2 of any same type jump 	<i>Maximum of 2 spins:</i> <ul style="list-style-type: none"> • One solo spin in one position, no change of foot (Min. 4 revolutions). • One combination spin with one change of foot and at least one change of position, must include two of the basic spin positions. (Min. 4 revolutions per foot) • Only solo spin may fly 	One step sequence fully utilizing ice surface	Skaters must have passed at least the U.S. Figure Skating pre-juvenile free skate test but may not have passed tests higher than juvenile free skate test

This event is a standard U.S. Figure Skating Non-qualifying Competition



Level	Jumps	Spins	Step Sequences	Qualifications
Intermediate 2:30 +/- 10 sec.	<i>Maximum of 6 jump elements:</i> <ul style="list-style-type: none"> Any single jumps. Double jumps permitted: double Salchow and double toe loop. Maximum of 3 jump combinations or sequences Max. 2 of any same type jump 	Maximum of 2 spins: <ul style="list-style-type: none"> One must be a flying spin (min 5 revolutions), One must be a combination spin with at least one change of foot and at least one change of position (minimum 4 revolutions per foot). 	One step sequence fully utilizing ice surface	Skaters must have passed at least the U.S. Figure Skating juvenile free skate test but may not have passed tests higher than intermediate free skate test
Novice Ladies: 3:00 +/- 10 sec. Men: 3:30 +/- 10 sec.	<i>Maximum of 7 jump elements for men and 6 for ladies:</i> <ul style="list-style-type: none"> Any single jumps. Double jumps permitted: double Salchow, double toe loop and double loop. Maximum of 3 jump combinations or sequences Max. 2 of any same type jump 	<i>Maximum of 3 spins, of a different nature:</i> <ul style="list-style-type: none"> One must be a combination spin with at least one change of foot and at least one change of position (min 5 revs per foot) The other spins are the option of the skater (min 6 revolutions per foot) All spins may fly 	One step sequence or spiral sequence fully utilizing ice surface (See rule 4104 & 4105 for remarks)	Skaters must have passed at least the U.S. Figure Skating intermediate free skate test but may not have passed tests higher than novice free skate test
Junior Ladies: 3:30 +/- 10 sec. Men: 4:00 +/- 10 sec.	<i>Maximum of 8 jump elements for men and 7 for ladies:</i> <ul style="list-style-type: none"> Any single jumps. Double jumps permitted: double Salchow, double toe loop, double loop and double flip Maximum of 3 jump combinations or sequences Max. 2 of any same type jump 	<i>Maximum of 3 spins of a different nature:</i> <ul style="list-style-type: none"> One spin in one position (Min. 6 revolutions) One flying spin (Min. 6 revolutions) One combination spin consisting of all three basic positions and one change of foot (2 per position, min. 5) revolutions per foot) 	One step sequence fully utilizing ice surface (See rule 4105 for remarks)	Skaters must have passed at least the U.S. Figure Skating novice free skate test but may not have passed tests higher than junior free skate test
Senior Ladies: 4:00 +/- 10 sec. Men: 4:30 +/- 10 sec.	<i>Maximum of 8 jump elements for men and 7 for ladies:</i> <ul style="list-style-type: none"> Any single jumps. Must include at least four different double jumps, one must be a double Lutz. Triple jumps are not permitted Maximum of 3 jump combinations or sequences Max. 2 of any same type jump 	<i>Maximum of 3 spins of a different nature:</i> <ul style="list-style-type: none"> One spin in one position (Min. 6 revolutions) One flying spin (Min. 6 revolutions) One combination spin consisting of all three basic spin positions and one change of foot (2 per position, min. 5 revolutions per foot) 	Men: Two different step sequences, one being of advanced difficulty, both fully utilizing the ice surface. (See rule 4105 for remarks) Ladies: One step sequence of advanced difficulty, covering the full ice surface and one spiral sequence. (See rule 4104 & 4105 for remarks)	Skaters must have passed at least the U.S. Figure Skating junior free skate test

Well Balanced Program Free Skate - Singles Free Skating Requirements

Level	Jump Elements	Spins	Step Sequences
PRE-PRELIMINARY 1:40 Maximum *means element is required	Max 5	Max 2	Max 1
	<ul style="list-style-type: none"> • Single jumps, including the single Axel, are allowed • Maximum of 2 jump combinations or sequences • Jump combinations limited to 2 jumps • Jump sequences limited to a maximum of 3 single jumps (half-loop is not considered a single jump at this level and may be performed without counting toward jump limit) • Axel may be repeated as individual jump or as part of jump combination or sequence; Maximum of 2 Axels • Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded. • No double or triple jumps 	<ul style="list-style-type: none"> • Spins may change feet and/or position • Spins may start with a fly • Minimum 3 revs. • Spins must be of a different character (For definition see rule 4103E) 	<ul style="list-style-type: none"> • Step sequence* • Must use one-half the ice surface • Moves in the field and spiral sequences are permitted but will not be counted as elements. • Jumps may be included in the step sequence
PRELIMINARY 1:30 +/- 10 sec *means element is required	Max 5	Max 2	Max 1
	<ul style="list-style-type: none"> • 1 must be an Axel/waltz jump-type jump* • Maximum of 2 jump combinations or sequences • Jump combinations limited to 2 jumps • Jump sequences limited to a maximum of 3 single or double jumps (half-loop is not considered a single jump at this level and may be performed without counting toward jump limit) • Only 2 different double jumps may be attempted (limited to double Salchow, double toe loop, and double loop only) • Axel and chosen double jumps may be repeated as individual jumps or as part of jump combination or sequence, but no Axel or double jump may be repeated more than once • Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded. • No double flips, double Lutzes, double Axels or triple jumps 	<ul style="list-style-type: none"> • Spins may change feet and/or position • Spins may start with a fly • Minimum 3 revs. • Spins must be of a different character (For definition see rule 4103E) 	<ul style="list-style-type: none"> • Step sequence* • Must use one-half the ice surface • Moves in the field and spiral sequences are permitted but will not be counted as elements. • Jumps may be included in the step sequence

Well Balanced Program Free Skate - Singles Free Skating Requirements (continued...)

Level	Jump Elements	Spins	Step Sequences
PRE-JUVENILE 2:00 +/- 10 sec *means element is required	Max 5	Max 2	Max 1
	<ul style="list-style-type: none"> • 1 must be an Axel-type jump* • Maximum of 2 jump combinations or sequences • Jump combinations limited to 2 jumps • Jump sequences limited to a maximum of 3 single or double jumps (half-loop is not considered a single jump at this level and may be performed without counting toward jump limit) • Axel and no more than 3 different double jumps may be repeated as individual jumps or as part of jump combination or sequence, but no Axel or double jump may be repeated more than once • All double jumps, except the double Axel are permitted. No triple jumps are permitted. • Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded. 	<ul style="list-style-type: none"> • 1 spin combination, w/without change of foot*, may start with a fly • 1 spin with only 1 position*, may start with a fly, no change of foot • Minimum 4 revs.; • 6 revs. for combination • Spins must be of a different character (For definition see rule 4103E) 	<ul style="list-style-type: none"> • Step sequence* • Fully utilizing the ice surface • Moves in the field and spiral sequences are permitted but will not be counted as elements. • Jumps may be included in the step sequence
OPEN JUVENILE 2:15 +/- 10 sec *means element is required	Max 5	Max 2	Max 1
	<ul style="list-style-type: none"> • 1 must be an Axel-type jump* • Maximum 2 jump combinations or sequences • Jump combinations limited to 2 jumps • Number of jumps in jump sequence is not limited • No more than 3 different double jumps may be repeated (1 each) and, if repeated, at least one attempt must be part of jump combination or sequence. Max 2 of same double jump. • No triple jumps 	<ul style="list-style-type: none"> • 1 spin combination; w/without change of foot* • 1 spin with only 1 position; no change of foot* • Both spins may start with a fly • Minimum 5 revs.; • 8 revs. for combination • Minimum 2 revs. in position • Spins must be of a different character 	<ul style="list-style-type: none"> • One choreographic step sequence* • Fully utilizing the ice surface

Spins of a different character – this refers to the abbreviation of a spin, e.g. Combination spin with a change of foot (CCoSp) and a combination with no change of foot (CoSp) are spins of a different character; and a flying sit spin (FSSp) and a sit spin (SSp) are of a different character. For more information, see rule 4103 (E).

2016 UGL Regional Figure Skating Championships

Program Advertising Form



This year the Southport Skating Club (Gurnee, IL) and the Cutting Edge Figure Skating Club (Pleasant Prairie, WI) will co-host the 2016 U.S. Figure Skating Upper Great Lakes Regional Championships this October 10-13, 2015 at the RecPlex Ice Arena - the first stop for many skaters on the way to the 2016 National Championships in Saint Paul, MN.

The top four skaters at the Juvenile through Senior levels qualifying at Regionals compete in November at Sectionals in Cleveland, Ohio, where the top four skaters at each level then pack their bags in January for the 2016 U.S. Figure Skating Championships in Saint Paul.

Typically, entrants number over 600 skaters. In addition, the number of spectators attending Regional events over the entire competition weekend is over 4000.

To help in our efforts to support our skaters, we are asking for your help in the form of an advertisement in our Upper Great Lakes Regionals Official Event Program. Rates are as follows:

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Copy deadline – Sept. 13, 2015

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c/o Valarie Berger, 5734 Mount Vernon Way, Racine, WI 53406

This event is a standard U.S. Figure Skating Non-qualifying Competition

